Where Can I get Help?

- I. Institute do not want you to feel that you are alone and helpless. We are all with you.
- 2. Your Parents are there to help. Please do not feel that you will burden your parents. Talk to them freely and openly. If you are being ragged it is not your fault. They understand that.
- 3. We, at the anti ragging Committee and squad are ready to help. You can call us any time on the mentioned details on the notice bord(digital and physical). You can also send us an E mail on antiragging@nidmp.ac.in
- 4. NID MP is there to help Please do not hesitate to ask for help. Institute will definitely help you. The local police and local administration is also there to help.
- 5. Any body can register a complaint of Ragging. It does not have to be only the victim. If you notice an incidence of Ragging you must inform the . It is your duty to do so.
- 6. You can also register a complaint of Ragging Anonymously. You must however avoid this option because without knowing details it becomes difficult for us to take any action. We can assure you of confidentiality.