

# National Institute of Design, Madhya Pradesh

Acharpura, Eint Khedi, Post Arwaliya, Bhopal M.P. 462038

## **Advertisement for Engagement of Wellness Counsellor(s) at NID MP**

Notification No: - NIDMP/1-70/(16) Rectt.- WC/2025 dated 23.09.2025

National Institute of Design Madhya Pradesh (NIDMP) is an "Institution of National Importance" under Department for Promotion of Industries and Internal Trade (DPIIT), Ministry of Commerce and Industry, Govt. of India. The Institute invites online applications from eligible candidates for empanelment as Wellness Counsellor(s) on a visiting basis. Eligible candidates may apply online for the said position(s) latest by 22.10.2025.

Name of the Post	Remuneration	Age Limit	Qualifications and experience required
Wellness Counsellor	Consolidated Monthly Honorarium (Based on actual number of visits/engagement as per the honorarium policy of the Institute) + Conveyance allowance (per visit basis) as per Institute policy.	Minimum 25 yrs as on 22.10.2025	<b><u>Essential Qualifications and Experience:-</u></b>  1. Master's degree in psychology / Clinical Psychology / Behavioural Psychology from a recognized University / Institute. 2. 5 years of relevant experience as a Psychologist / Psychiatrists / Counsellor in an academic Institution.  <b><u>Desirable:-</u></b>  1. M.Phil / Ph. D in psychology from a recognized University/Institute.

### **Job Profile:-**

1. The primary duty of a Wellness Counsellor is to help people gain personal insights, develop strategies and come up with real-life solutions to the problems and challenges they face in every area of life. A student or staff may visit the Counsellor or receive a referral due to academic/professional, emotional, social, or behavioural concerns.

2. To work directly, primarily with students to develop solutions and set goals. These goals can be as simple as developing a timeline for setting a schedule or as complicated as managing difficult emotions or processing trouble at home. In any case, the Counsellor listens to the student to learn what they want and proposes actionable goals to resolve these issues.
3. To help the Institute establish a Counseling Service Centre at the Institute.
4. To help develop counselling programs including peer counselling activities that connect students to one another for support, as well as initiatives like drug and alcohol prevention programs.
5. To provide psychological counselling to students/staff for assessment of mental health i.e., depression, anxiety, stress management, behavioural and psychological issues, psychometric testing, risk assessment, narcotics addiction, weight management and evaluating the needs of their clients.
6. To supports students in identifying confidence building, self-management, goals determination, substance abuse, bullying, anger management, career depression, relationships, LGBTQ issues, self-image, and suicidal tendency related issues.
7. The Counsellor needs an understanding of various mental health related illnesses and assessment tools/tests, so they can assess, analyse and assist/educate students about the best way to manage their challenges/problems.
8. To deal with students and their families face to face, they should have strong interpersonal and instructional skills.
9. The wellness Counsellor should be adept at problem-solving and evaluating a client. They should have the ability to inspire trust and communicate effectively to motivate people by encouraging them to make healthy choices for lifestyle, exercise, and nutrition.
10. Creating, proposing and conducting sessions, programs and events that provide education on a variety of mental health-related topics and overall well-being.

**Terms & Conditions for Wellness Counselor(s) proposed to be engaged: -**

1. Wellness Counsellor(s) shall visit the Institute campus preferably 2-3 times in a week for 3 hours each (schedule of visit to be decided subsequently). The Institute reserves the right to increase/decrease the number of visits, at its sole discretion.
2. Remuneration shall be payable as per the honorarium policy/decision of the Institute.
3. In case of emergency, the Wellness Counsellor(s) shall attend the students/staff and their family members at their hostels or residents or on emergency calls during office hours and any other day of the week.

4. The Wellness Counsellor(s) shall be available for consultation in case of emergency during holidays / odd hours as per the requirement of the Institute or at night at his/her residence.
5. The Wellness Counsellor(s) may also be required to visit the Institute to attend the students/employee's families of the Institute in case of emergency.
6. In case of lockdown/curfew imposed by the Central/ State Gov. the Wellness Counsellor(s) shall provide/conduct online counselling through an online platform to the students and employees of the Institute also.
7. The Wellness Counsellor(s) shall inform in writing for any leave/outstation holidays to be undertaken by him/her well in advance.
8. The Wellness Counsellor(s) shall maintain and submit a database/record of mental wellbeing of each student and preferably meet every student at least once in each Semester for the purpose.
9. The empanelment of Wellness Counsellor(s) will be purely on visiting basis, initially for a period of one year, further extendable, subject to requirement & satisfactory work performance. However, the Wellness Counsellor(s) may note that their engagement shall be purely on visiting basis and they shall hence not be entitled to any other benefit applicable to the regular employees of the Institute.
10. Engagement of Wellness Counsellor(s) may be terminated by giving one month notice by either side.
11. Wellness Counsellor(s) must report for his/her duty through the assigned Reporting Officer.

**Instructions to the candidates: -**

1. Candidates shall ensure that they fulfil the eligibility criteria and experience and submit two references about their performance from their current employer/empanelled Institution.
2. No TA/DA will be admissible for attending the interview.
3. The Institute shall reserve the right to amend the terms & conditions of the empanelment of the Wellness Counsellor(s) at any time.
4. The Institute reserves the right to shortlist the candidates for further selection process. The list of shortlisted candidates shall be notified on the Institute website.

**How to Apply:-**

Interested eligible candidates may apply by filling up the online application form, available on NID MP Website [www.nidmp.ac.in](http://www.nidmp.ac.in) and upload copies of all educational qualifications, experience, photograph, etc. (as applicable).

The last date of the Wellness Counsellor(s) of the applications at NID MP is **22.10.2025**.